

ADULT CHILDREN & CAREGIVER WORKSHOP

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# Aging Parents & Family Decisions

Difficult conversations are easier with a plan. A calm, caring framework for supporting aging parents.

FAMILY. FINANCES. FUTURE.

THE SEASON

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# You're Not Alone In This

Caring for aging parents brings hard questions about money, health, and legacy. A simple framework brings order and reduces stress.

START HERE

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# The Conversations That Matter

Begin gently, and begin early. The goal isn't to take control — it's to make sure everyone is cared for and on the same page.

- Powers of attorney & healthcare proxies
- Long-term care wishes
- An inventory of accounts and documents
- A plan for family meetings

PROTECTING DIGNITY

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# Care, Not Control

The best plans honor a parent's independence while quietly making sure nothing important falls through the cracks.

BRINGING FAMILY TOGETHER

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# One Plan, Shared By All

When siblings and family understand the plan together, conflict drops and care improves. Coordination is an act of love.

START WITH CLARITY

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# The Estate Score™

Help your parents — or yourself — see where the pieces stand, in just a few minutes.

## DISCUSSION

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# Questions

Open the floor. What questions do you have about your own plan?

THE NEXT STEP

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# A Private Review

A confidential conversation to coordinate everything — for your parents, and for your peace of mind.